

CT910 COMMERCIAL TREADMILL

Manual



 **ZYMFiT**



Important

Please retain owner's manual for maintenance and adjustment instructions. Read, understand and carefully follow all warnings, safety protocols, instructions and procedures written in this manual before using the CT910 Treadmill.

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CONGRATULATIONS ON YOUR NEW CT910 TREADMILL

Thank you for your trust and purchase of the CT910 Zymfit Treadmill.

You will find that the CT910 Treadmill is robust and designed for light commercial use.

For warranty purposes, it's important to register your product. Please go to www.Zymfitco.com/warranty.html and complete the online warranty registration.

Make note of the Serial Number for future use: (serial number is usually at the front, base of the treadmill near the power cord.

If you have any questions about your new Zymfit product or questions about the warranty, contact Zymfit Service at Zymfitco.com

To health and wellness,

Zymfit Team.

IMPORTANT SAFETY INSTRUCTIONS

Important: Save these instructions for future reference.

Read all instructions in the documentation provided with the CT910 Treadmill, including all assembly instructions, user guides, and owner's manuals, before installation of the CT910 Treadmill.

Note: This product is intended for light commercial and residential use.

Light commercial use is equal to and no greater than 10 hours of treadmill use per day on the treadmill. If the CT910 Treadmill is going into a commercial facility, it must be a non-dues paying facility.

WARNING To prevent injury, the console (display screen for the CT910 treadmill) must be wired and attached securely to the mounting base unit. All the assembly and installation instructions are shipped with the CT910 Treadmill. The console is intended to be connected with the wire harness the CT910 comes with. The wire connects to the AC's main power ports through the power supply only. It should be powered on only when installed as described in the instruction assembly manual that comes with the CT910 treadmill. The console is intended for use only with the CT910 Treadmill and not to be used as a standalone device or with any other devices.

SAFETY PRECAUTIONS

Always follow basic safety precautions when using the CT910 Treadmill to help reduce the chance of injury, fire, or damage. Read the whole manual before assembling and using the machine. Please observe the following safety precautions:

Read all instructions in this guide before installing and using the equipment and follow any labels, including warning labels, on the equipment. If warning labels are lost, damaged or stolen, please contact customer support at info@Zymfit.com

Make sure all users see a physician for a complete physical examination before they begin any fitness program, particularly if they have high blood pressure, high cholesterol or heart disease; have a family history of any of the preceding conditions; are over the age of 40; smoke; are obese; have not exercised regularly in the past year; or are taking any medication.

1. All users of the CT910 should always obtain a medical exam before beginning any exercise program. If at any time during exercise you feel faint, dizzy, or experience pain, stop and consult your physician.
2. Keep children under the age of 14 at least 10 feet away from the CT910 Treadmill at all times. Do not leave children in the room where the CT910 Treadmill is set-up or stored without adult supervision who is in their care.
3. Keep pets at least 10 feet away from treadmill at all times.
4. Do not allow people who are unfamiliar with the operation of the CT910 Treadmill on or near the unit.
5. Read, understand, and test the emergency stop procedures before use.
6. Use the CT910 Treadmill on a level and solid surface. Adjust the leveler knobs to help make sure the CT910 is properly levelled.
7. All users must wear proper exercise clothing and shoes when using the CT910 Treadmill. Avoid loose or dangling clothing.
8. Do not exceed maximum specified user weight of 180 KG (395lbs)
9. Tie up long hair to avoid hair from getting snagged, stuck or caught in any openings and moving parts of the unit.

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9. Proper walking and/or running shoes must be worn when using the CT910 Treadmill. Wearing shoes with heels, cleats or leather shoe soles must be avoided. Moreover, shoes must be clean with no dirt, embedded stones in soles or grease. Important to always keep shoes properly fitted and tie shoelaces.
10. Keep your hands away from any of the joints and any moving parts.
11. Do not place sharp objects near the machine. Also, do not lean any objects against the machine to avoid damage or accidents.
12. Do not jump on the treadmill
13. Any person with restricted movements, physical, sensory and/or coordination limitation should not use the machine without the assistance of a qualified person or doctor.
14. The CT910 Treadmill is only to be used by one person at a time. A person who is not capable of following through with instructions in this manual or has reduced mental capabilities or lack of experience and knowledge not be using this treadmill unless they have been given supervision or instruction by a person responsible for their safety.
15. Do not use the CT910 Treadmill if it is not working properly. Furthermore, if you see any error messages on the display or damages around the machine, do not use equipment.
16. The CT910 Treadmill must come to a full stop and proper care should be taken when mounting or dismounting the CT910 Treadmill.
17. Do not touch any other device once the Treadmill has started. Typing or any other type of distraction while walking or running will put the user at high risk for an accident to happen. Always take proper precautions.
18. Read and understand how to STOP the CT910 Treadmill before getting on or using the treadmill.
19. Ensure the CT910 has adequate ventilation with nothing blocking or leaning on the equipment.
20. The CT910 treadmill should only be in a room with temperatures ranging from 68 to 78 degrees Fahrenheit. Do not use outdoors or in any location that is not temperature controlled, such as but not limited to garages, porches, pool rooms, bathrooms, car ports or outdoors. Failure to comply may void the warranty.
21. Do not use CT910 Treadmill in damp or wet locations. Avoid exposure to rain and moisture.
22. The minimum clearance needed on the sides of the treadmill for access to mount and dismount should be 0.5 m or (19.7 inches).

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23. Regularly inspect the CT910 Treadmill for incorrect, worn, or loose components and then correct, replace, or tighten prior to use.
24. Do not drop or insert objects into any openings. Keep hands away from all moving objects.
25. For your safety, do not set anything on the stationary handrails, handlebars, control console or covers. The emergency stop button must always be exposed and not covered
26. Do not lean on, pull or hold onto the console including, display and coverings, at any time.
27. Do not remove the motor cover or any cover on the treadmill or you may risk injury due to electric shock. Read the assembly and maintenance guide before operating or troubleshooting. Contact customer support if the equipment needs servicing.
28. Do not use an extension cord unless it is authorized by a licensed electrician and approved by manufacturer's engineers.
29. Unit should be plugged into a dedicated circuit to protect the power supply and motor. A dedicated circuit will help reduce your chances of any voltage fluctuation and prevent damage to the treadmill.
30. Do not attempt to disable or remove the grounded plug. The electrical wirings or power cord must not be modified in any way.
31. After use, remove power cord from outlet and treadmill to prevent unauthorized treadmill operation. Follow instructions in manual.
32. Installation of parts or accessories not originally intended or compatible with the equipment as sold will void warranty and may impact safety
33. Noise emission under load is higher than without load.
34. The CT910 Treadmill is only for walking and jogging in the forward position. No other activities or movements are to be used on the treadmill. Keep all props, other fitness accessories away and off the treadmill at all times.
35. Do not operate where aerosol (spray) products are being used or when oxygen is being administered.
36. Heart rate and pulse monitoring systems may be inaccurate. In accurate or fluctuating heart rate or pulse measurements are not covered under warranty or to be taken as a medical measurement.
37. If this equipment has been exposed to colder temperatures or high moisture climates, it is strongly recommended that the equipment is warmed up to room temperature before first time use. Failure to do so may cause premature electronic failure.

IMPORTANT ELECTRICAL INSTRUCTIONS!

WARNING, DANGERS AND HAZARDS!

ELECTRICAL GROUNDING INSTRUCTIONS:

- To avoid the risk of electric shock or damage to you and the unit, connect the power cord of the CT910
- Treadmill to a properly grounded outlet only. Never force the plug into the electrical outlet.
- Do not attempt to disable or remove the grounded plug. The electrical wirings or power cord must NOT be modified in any way.
- Never use 3-prong to 2-prong adapters, sometimes known as cheater plugs, because this is similar to removing the third prong of a plug.
- If you do not understand or are in doubt of the details above, check with a qualified electrician to make sure the CT910 is properly grounded.

REGULAR INSPECTIONS:

Electrical products, including your treadmill, may deteriorate due to disuse. Inspecting the CT910 motorized treadmill regularly in necessary; especially, if it has not been used in weeks. A scheduled inspection routine be scheduled.

Use the following recommendations below to assess and inspect the state of CT910 Treadmill to avoid any hazards.

- Look for Signs of Physical Damage or Deterioration on the electrical power cord and other areas on the unit.
- Cracked or damaged electrical cords or covers
- Damaged cord caps (i.e., missing electrical ground pins)
- Broken switches or triggers both at the base of the unit and on top
- Missing parts and/or components on the unit
- Evidence of heat or melting on the unit
- Excessive dirt or contaminants on any electrical components as well as unit itself.
- Corrosion of parts
- Evidence of moisture
- Malfunctioning console (display/screen)

IMPORTANT ELECTRICAL INSTRUCTIONS! WARNING, DANGERS AND HAZARDS!

Check and Verify Performance of the CT910 Treadmill:

- Review manufacturer documentation and user manuals
- Assess the operation of the equipment in a safe and controlled space
- Ensure that all the safety provisions are in place and working
- Confirm and operate all functions
- Verify all functions are within designed parameters
- Ensure equipment performs according to specification.

Power Requirements:

- You should have received a power cable that meets your local electrical code requirements along with the equipment. If you are unsure, please contact your sales rep or contact Zymfit directly at Zymfitco.com
- In order for the CT910 Treadmill to get the appropriate and consistent electrical power, it will be optimal and required that the treadmill be the only device plugged into one circuit. Ideally, a dedicated circuit with the proper gauge wire from the circuit breaker box to a properly installed and grounded electrical outlet the treadmill power cord will be plugged into. Please make sure the plug is plugged into an electrical outlet that is in accordance with all local codes and ordinances. The treadmill warranty could void if the electrical requirements mentioned above are not met.

SAFETY PRECAUTION REMINDER

To prevent any unauthorized treadmill operation, carefully remove the main power cord from the outlet and base of treadmill after use. (instructions below)

1. Press the stop button on the console.
 2. Make sure no programs are running.
 3. Once the treadmill belt and programs on display have stopped. Turn off the power switch at the base of the treadmill that is beside the power cord at the front of the treadmill.
 4. Then, carefully unplug the power cord from the electrical outlet on the wall. Do this by firmly holding the plug and not the cord.
 5. Next, unplug the opposite end of the power cord that is plugged into the base of the treadmill. Again, firmly holding onto the plug and not the cord.
- Important to unplug the CT910 treadmill from its power source before cleaning the unit. Also, best to power down and unplug power cord before providing any authorized service to the unit.
 - Do not remove the motor cover or any cover on the treadmill in order to avoid risk of injury due to electric shock. Read the assembly and maintenance guide before operating or troubleshooting. Contact customer support for information, if the equipment needs servicing.
 - Do not use an extension cord unless it is authorized by a licensed electrician and approved by manufacturer of the unit.

OVERVIEW

Do not attempt to carry or lift this product if you have any movement restrictions, injury or body pain. The assembly of this product requires two or more people. Shipping weight is 205 KG.

Safety shoes should be worn for safety and do not plug this treadmill into any outlet until the assembly and installation is properly completed.

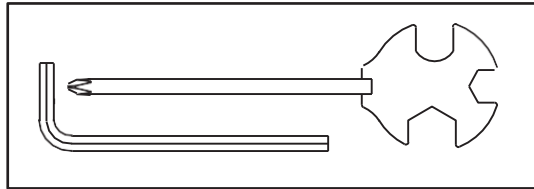


ASSEMBLING THE CT910 TREADMILL

The CT910 Zymfit Treadmill will require 2 or more people to assemble the unit. Do NOT attempt to assemble the unit yourself. Attempting to assemble or move the unit by yourself will put you at high risk for injury as well as cause damage to the treadmill.

Assembly Preparation:

- BH06 Harpoon Wrench*1
- T-hexagonal spanner*1



Assembly Preparation:

- It is recommended that you place a protective covering on the floor to prevent any unforeseen damage to the floor while assembling the unit.
- With the help of as many assistants necessary, place the shipping carton in an open area with lots of space and a levelled floor, close to where the treadmill will be installed. **Caution: The CT910 Treadmill is approximately 205 KG. So, it is important to use safe lifting techniques when lifting or moving the CT910 Treadmill around. To prevent injury to yourself or damage to the equipment, you must obtain appropriate assistance when lifting or moving the CT910 Treadmill.**
- The box with the base of the treadmill has markings to show which end of the box is the heavy end. The heavy end is the front of the treadmill. It might be best to have the heavy end of the treadmill facing the direction on where you will be installing the treadmill. This way it will be easier to move the treadmill into proper position once the treadmill is assembled.

UNPACKAGING

Caution:

- To avoid injury or damage to you and the product, never open the box on its side or ends.
- When opening box, be careful with large staples that help hold the box together
- It's safer to use scissors to cut the packaging strap. If the strapping is too thick or tough such as polyester you may need a sharp cutting knife.
- If using a knife or box cutter make sure of the following,
 1. Always use a sharp blade. Dull blades can slip and cause an accident.
 2. Use proper cutting techniques but be careful not to cut any of the contents inside the box. You have to always have control of the cutting tool at all times.
 3. Take your time when cutting packaging materials.

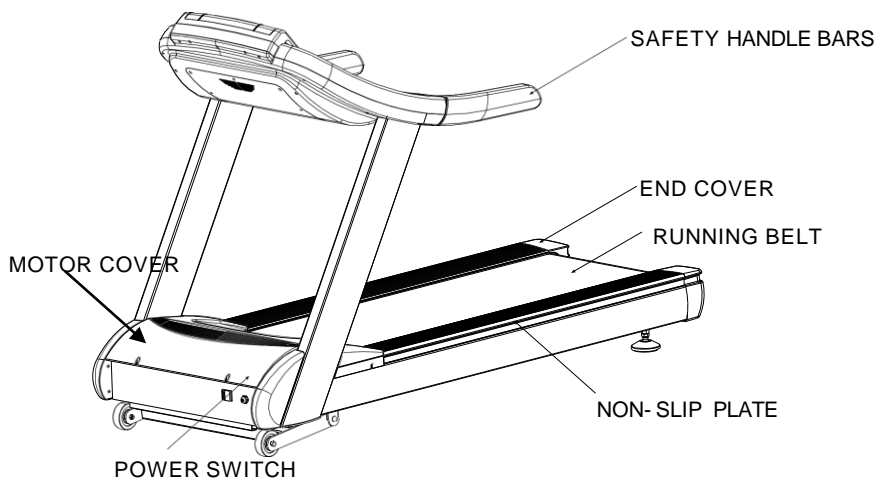
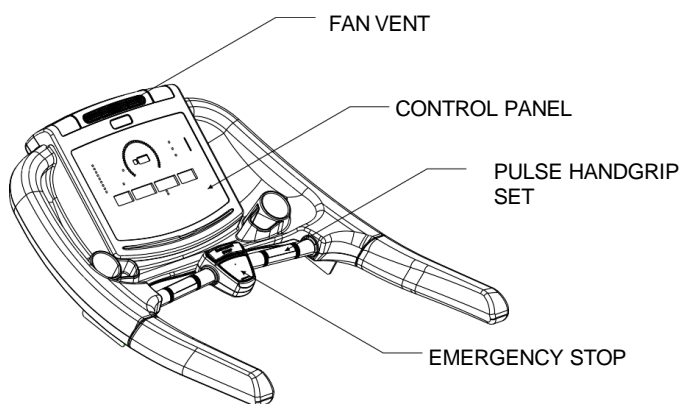
Once box is open:

1. Remove all the small content first and place them safely aside. This includes,
 - Left and right upright supports
 - Hand rails
 - Console (might be in separate box)
 - Power cord
 - Silicone Oil
 - Motor Cover
 - Support Covers x 2
 - Other (any other small items in box)
2. Make sure power switch is in the off position. The power switch is at the base of the treadmill at the front.

Need Help?

If you have questions or if there are any missing parts, contact Customer Service.

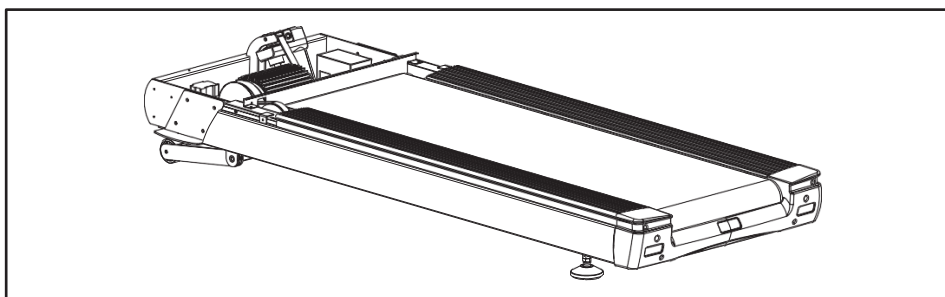
GENERAL ORIENTATION



Danger: Make sure that the power switch, on the front, base of treadmill, is turned off. Also make sure the treadmill is not connected to any power source before you begin the following procedures.

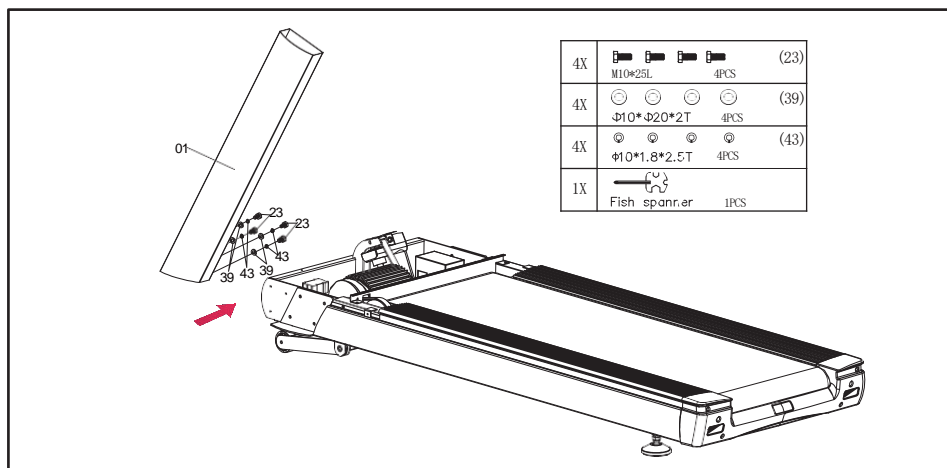
Assembly Step1

1. Open the main box (Packing A)
2. Remove treadmill base from box and place it on a flat, leveled, solid surface (this may require 2 or more people)



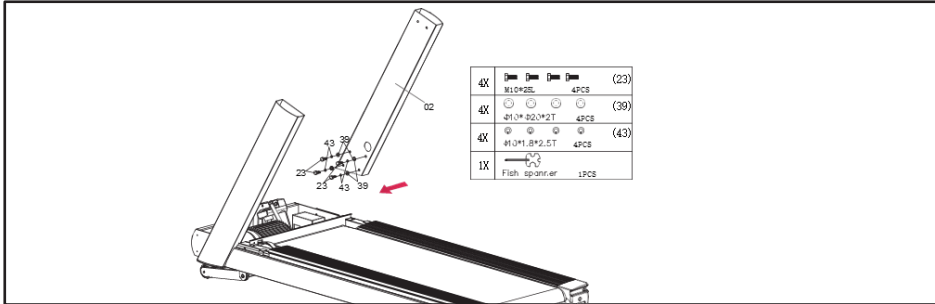
Assembly Step2

1. Attach the left upright column (01) to the base on the left side by using 4 x hexagonal screws M10*25L(23). Each screw should have 1 x spring washer $\Phi 10*\Phi 1.8*2.5T(43)$ and 1PCS flat washer $\Phi 10*\Phi 20*2T(39)$ respectively
2. Use harpoon spanner to tighten screws



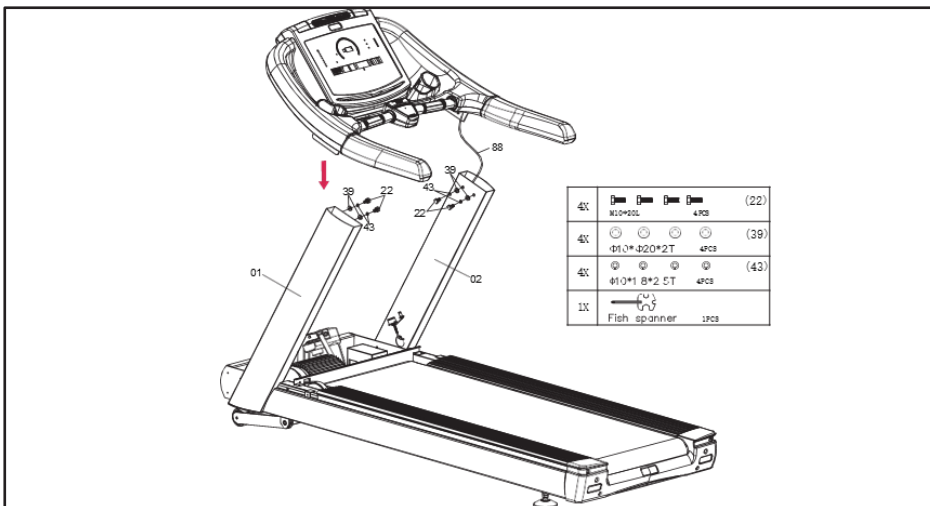
Assembly Step 3

1. Follow the same steps as STEP 1 but on the right side of the base.
2. Attach the right upright column (01) to the base on the right side by using 4 x hexagonal screws M10*25L(23). Each screw should have 1 x spring washer $\Phi 10*1.8*2.5T(43)$ and 1PCS flat washer $\Phi 10*\Phi 20*2T(39)$ respectively.
3. Use harpoon spanner to tighten screws.



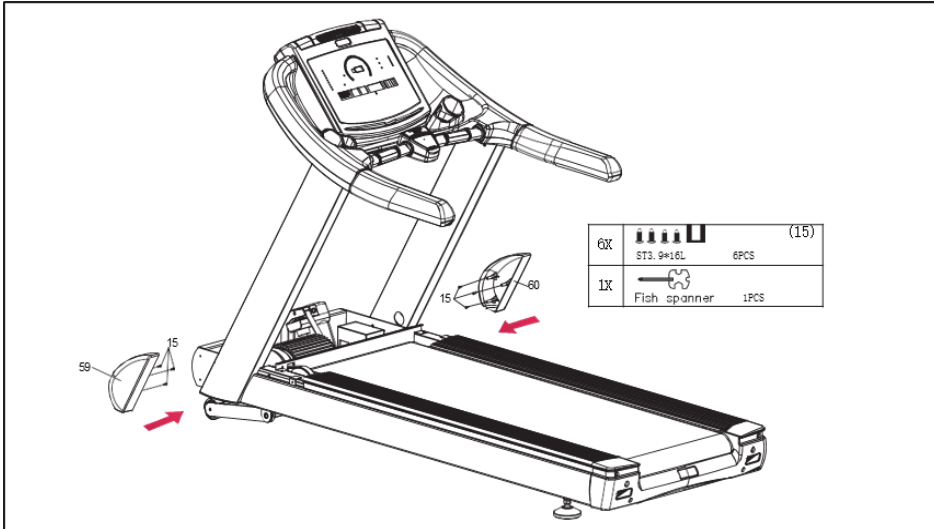
Assembly Step 4

1. Installing the Console Assembly.
2. Carefully take the Console Assembly out of box if it's not out yet and place it flat on floor
3. Next, thread the lead wire harness from inverter (87) up through the top of the right upright column (02) and it to the appropriate cable coming out of the control connection cable (88). Caution: You will need at least 2 or more people to help hold the console assembly up while a third person connects the wires. Do not pinch or snap wires.)
4. Once wires are connected, mount the console assembly with 4 x hexagonal screws M10*20L(22) with 1 x spring washer $\Phi 10*1.8*2.5T(43)$ and 1 x flat washer $\Phi 10*1.8*2.5T(43)$ respectively.
5. Use the harpoon spanner to tighten the screws on both left and right side of the console assembly.



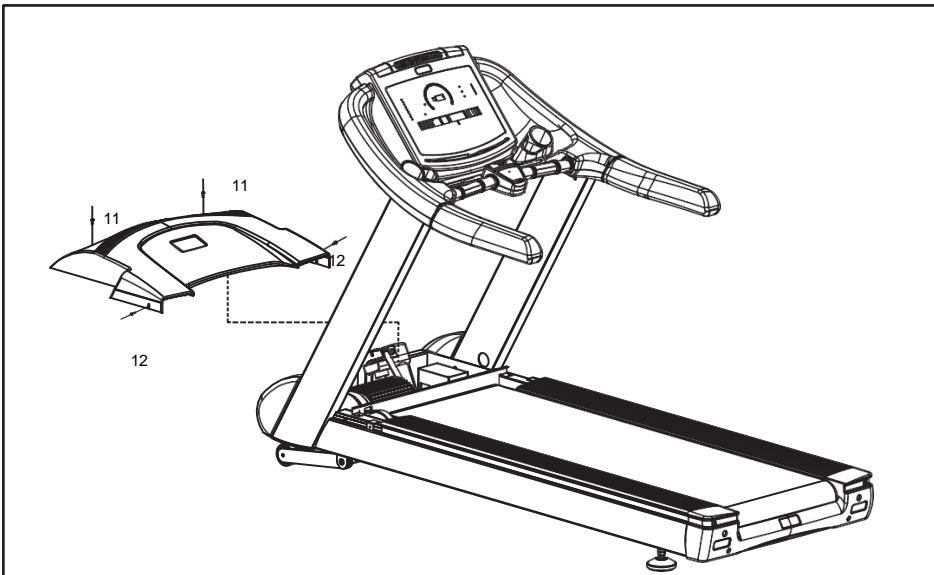
Assembly Step5

1. Attach the column trim cover to the left side of the front of the treadmill frame with 3 x Umbrella head screws ST3.9*16L (15).
2. Attach the column trim cover to the right side of the front of the treadmill frame with 3 x Umbrella head screws ST3.9*16L (15).



Assembly Step6

1. Place the motor cover (57) onto the front of the treadmill and align the mounting holes.
2. Partially insert 2 x screws M5*8L (11) on the front of the motor cover .
3. Next, partially insert the other two screws M5*16L (12) on both sides of the motor cover.
4. Finally, tighten all the screws of the motor cover with the harpoon spanner provided.

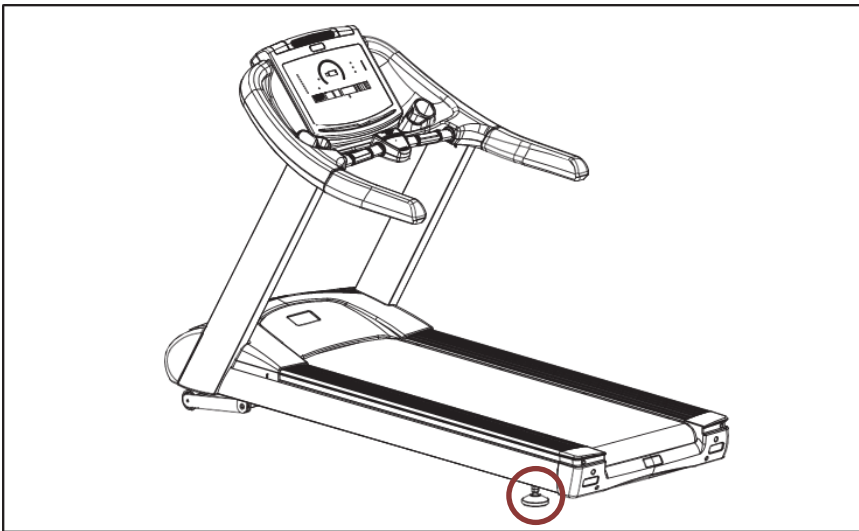


Assembly Step 7

1. Double check that all the bolts and screws are safely tighten.
2. Inspect the treadmill and confirm everything looks properly assembled.

Assembly Step 8

1. When considering placement of the treadmill in the room, please keep safety in mind. The minimum clearance needed on the sides of the treadmill for access to mount and dismount should be 0.5 m or (19.7 inches).
2. The minimum clearance area behind the treadmill shall be 2.0 m (78.7inches). This clearance shall encompass the entire width of the treadmill or the entire length of a row of treadmills. This clearance zone shall be free of all obstructions. (Followed by ASTM (U.S.).
3. The ground should be leveled and solid.
4. Keep the treadmill away from direct sunlight as the UV light can cause discolouration
5. Adjust the levelers at the back of the treadmill to help stabilize the treadmill by turning the levelers as needed.



Assembly Step 9

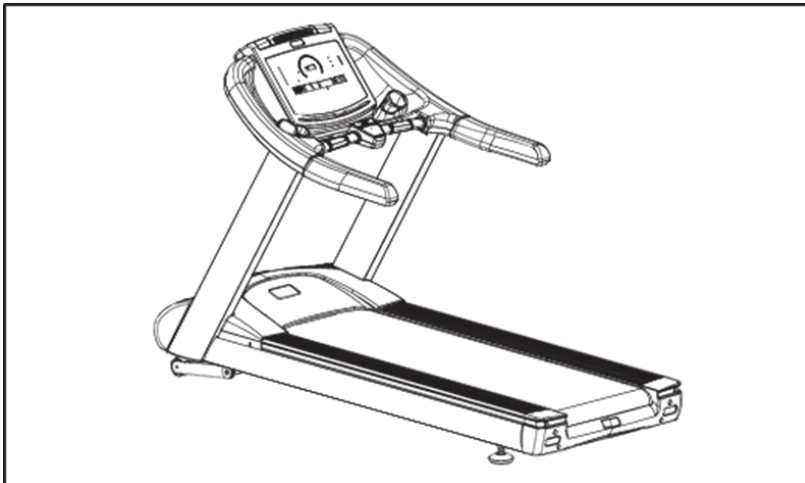
Once the treadmill is in the appropriate position in the room,

1. Insert the appropriate end of the power cord into the port that's at the front of the treadmill base
2. Then plug the power cord into a properly grounded, dedicated circuit electrical outlet with the appropriate voltage and amp. (Caution: Do not use an extension cord.)
3. Next, make sure the power switch at the base of the treadmill is turned on and check if the console display turns on. If the display does not turn on, turn the power switch to off and double check that the power cord has been installed properly, then try again. If it still does not turn on, contact Zymfitco.com
4. If the console display turns on, it's time test the treadmill.

Assembly Step 10

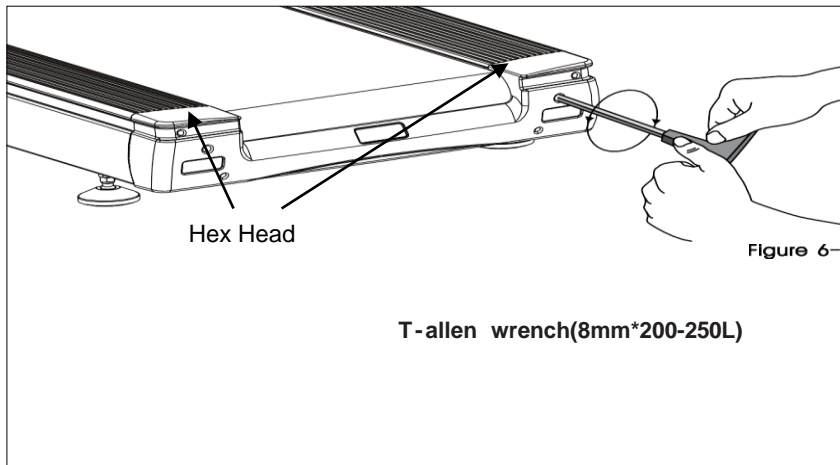
Testing Treadmill

1. Do not step onto the treadmill and make sure no one else is on or near the treadmill.
2. Keeping your feet on the floor, standing on the outside of the handrail, facing the console, test the treadmill by pressing the start button.
3. The treadmill belt will count down 3, 2, 1 and then start moving.
4. Once the belt starts moving, test the speed by pressing the speed arrows. Check that the speed increases when pressing the UP speed arrow. Then check that the speed reduces when pressing the DOWN speed arrow.
5. Now press the EMERGENCY STOP button twice to complete STOP treadmill belt and any programs running.
6. Confirm running belt is in the stop mode and not moving.
7. Then, step onto the treadmill and test the treadmill .
8. While holding onto the handrails, press the START button.
9. Increase the speed lightly to at least 2.5 to 3km and check to see how the treadmill is operating.
10. Next, test the incline function by pressing the UP incline arrow and DOWN. It should create more noise as the incline motor has to engage and operate when in motion.
11. If everything is operating smoothly, then your treadmill is now ready to be used.
12. You can press the EMERGENCY STOP button twice and carefully step off the treadmill.
13. In order to prevent any unauthorized use, just turn off the power switch at the front base of the treadmill and remove the power cord on both ends.



BELT ALIGNMENT & TENSION

Caution: You only need to adjust the belt if the belt is not centered or if the belt is slipping. It's the owner's responsibility to make sure the belt is always in alignment and not slipping. Do not overtighten and if you are in any doubt, please contact customer support. Over tightening will cause belt damage and possibly damage to the treadmill. If the belt continues to slip, the problem could mean the belt is worn out and needs to be replaced or the drive belt needs to be serviced. The drive belt is located under the motor cover. However, tightening or replacing the motor drive belt should be done by a trained service person.



TREADMILL BELT IS LOOSE

Check the treadmill belt for proper tension and centering. If the belt feels like it is slipping when using the treadmill, the tension will have to be adjusted.

Caution: Overtightening the belt can damage the treadmill. It would be ideal to hire a trained service person to adjust the belt tension if you feel uncomfortable.

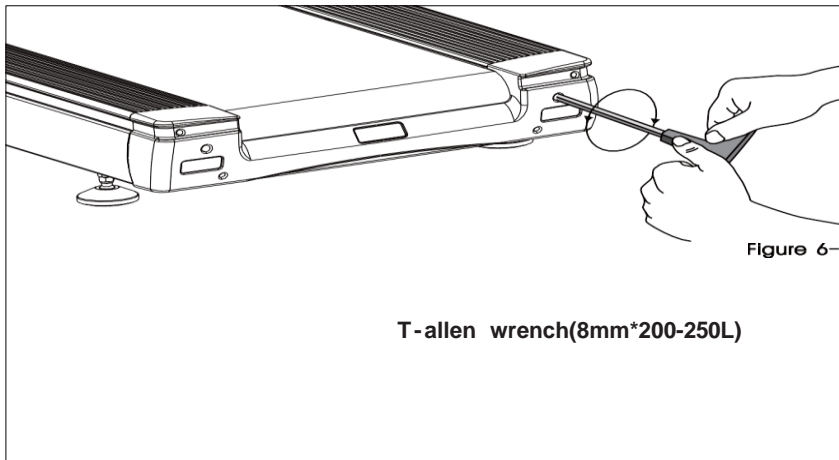
Warning! There is a risk of electric shock and injury if safety precautions are not in followed or in place. Figure 6-1.

Treadmill belt is slipping or not centered, please follow the steps below.

- Check to see if the belt has equal distance on either side between the frame. If the belt is shifted more onto one side, then the roller will need to be adjusted.
- Switch the power switch to the OFF position and unplug the treadmill from wall outlet.
- Locate the two hex head bolts at the rear of the treadmill. Use the T-Allen Wrench to adjust the back rollers. Turn the bolts on each counterclockwise approximately one full turn on each side. Then try to manually adjust and center the belt. You may have to push or pull the belt side to side to help get it centered.
- Once the belt is centered, turn the two hex head bolts clockwise approximately one full turn on each side. This should bring the bolts to the exact starting position.
- Next, check to make sure the belt has no signs of damage.
- If not damage, plug the power cord back into the wall outlet and press the power switch to ON position.
- Press the START button on the treadmill and slowly bring the speed up to 4kph. Observe to make sure the belt is staying centered. If you notice the belt is moving to the right, then tighten the right bolt clockwise slowly and no more than a quarter turn.

Caution: Always keep watching the belt that it never touches or comes close to the side rails. Be prepared to stop the treadmill immediately and start from the beginning if the belt comes too close to the sides.

- If you notice the belt is moving towards the left, then tighten the left hex bolt clockwise but again no more than a ¼ turn.
- Repeat above if necessary.
- The running belt should not be more than 1 cm off from the center.
- The tension on the running belt should be tight and snug. The belt should not slip, move to either side or hesitate.
- Press the EMERGENCY STOP button twice and turn power switch to off once completed.



MOVEMENT PREPARATION SUGGESTIONS

Disclaimer :

The stretches explained in this manual are only suggestions and if performed is solely at your own risk. In order to determine if the stretches or any of the exercise program(s) stated in this manual are safe for you, please make sure to first consult with your physician or other health care professionals. Users following any of the stretches and exercise programs in this manual who have a history of any of the following MUST consult with a physician and get approval.




- High Blood Pressure
- Heart Disease
- Chest pain
- Smoke
- High Cholesterol
- Obese
- Bone or Joint Problems that may get worse through physical activity
- Head injury
- Sensory issues

The information in this manual regarding any physical activity or exercises should not be a substitute for, nor should it replace, professional medical advice, diagnosis or treatment. If you have any concerns or questions about your health or using the equipment stated in this manual, you should always consult with a physician or other health-care professional. Do not disregard, avoid or delay obtaining medical or health related advice from your health-care professional because of something you may have read in this manual. The use of any information regarding any physical activity, exercises or movements as well as pulse or heart rate information is solely at your own risk.

If you are in the North America and think you are having a medical or health emergency, call your health care professional, or 911, immediately.

MOVEMENT PREPARATION SUGGESTIONS

These stretches are provided by Dianne L. Woodruff, PhD and Certified Movement Analyst along with Michael Gatbonton, Ace Certified Personal Trainer.

	<p>Thigh Lift or Knee Float Lying on floor, knees flexed, feet slightly apart. Prepare and begin by breathing in (inhaling). While slowly breathing out(exhaling), press left foot to floor, while at the same time lift right foot. Float the right knee toward the shoulder. Pause and lower right foot to floor. Breathe in and change sides. Do a total of three times on each side. This stretch mobilizes the hip joint.</p>
	<p>Hamstring Stretches Sit on a bench with left hip and left leg straight in front. Left foot is off the end and right foot is on the floor a little behind you. With your back straight reach both arms forward. Lean forward and feel a gentle pull behind your left thigh. Hold for 15-30 seconds. Do the stretch two times. Then change sides and place right leg on the bench to stretch the right thigh.</p>
	<p>Calf Stretches Stand with both hands on a wall, elbows flexed, back straight. Slide right leg straight behind, toes on floor and heel raised. Lower the right heel and flex the left knee. This is your stretch position for right calf. Hold 15-30 seconds. Close to starting position and change sides.</p>

Dianne L. Woodruff, PhD and Certified Movement Analyst is a fitness professional. She created DVDs and YouTube videos on 3-D Workout since 2000. Her recent e-book is Moving from Within at body-in-motion.com.

CONSOLE OPERATIONS

BASIC CONTROLS. Important buttons to understand.



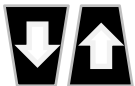
Press the START Button and running belt will begin moving. The belt will start at 1 km per hour.



Press the STOP button and the running belt will immediately stop moving.



Press – or + to control the SPEED of the running belt. Each press will increase or decrease the speed by 0.1 km per hour.



Press the ↓ ↑ to control the incline. Each press will increase the incline by 1 percent.

PRESET PROGRAMS

4 X PRESET INCLINE CONTROLS

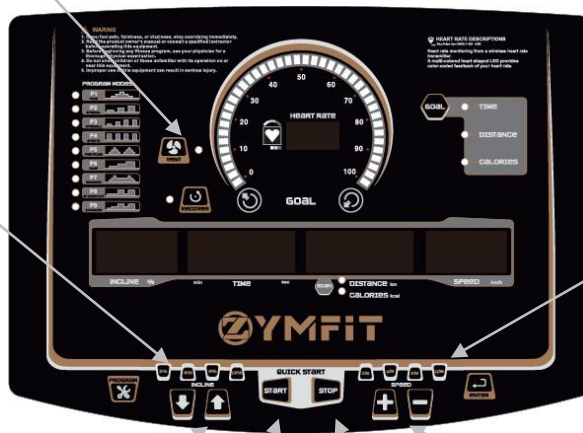
4 X PRESET SPEED CONTROLS

INCLINE CONTROL

SPEED CONTROL

START

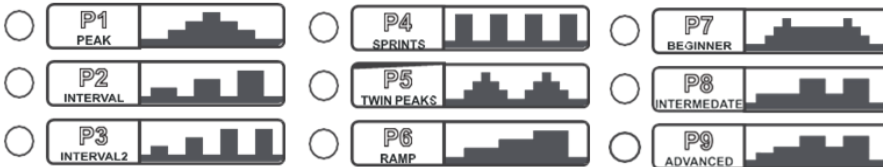
STOP



PROGRAM MODE

There are 9 preset speed programs to choose from. **Caution: Each of the Preset Speed programs will adjust the speed of the running belt automatically. The speed changes will be based on the program and parameters you choose.**

Follow the instructions below to choose a program,



1. Press the Emergency stop button to make sure there are no other programs set up.

2. Press the program button  multiple times until the green led dot lands beside the program you want to use.

3. Then press the ENTER button to select the program.

4. Next, press the SPEED arrow keys   to adjust the duration of the program.

5. Once the duration time is selected, press the ENTER key to set the duration time.

6. Press START button  to begin the program.


7. The running belt will begin to move after a countdown of 3, 2, 1.



GOAL MODE

In GOAL Mode, you can set target goals for time, distance or calories.

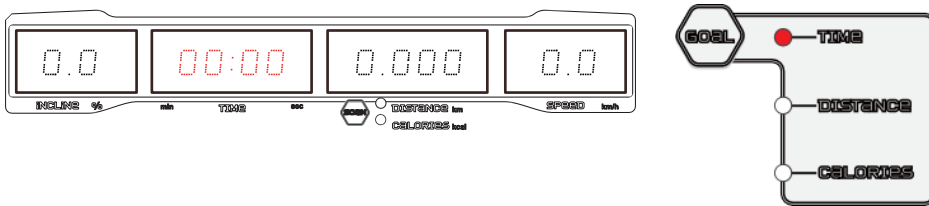
To set the Goal target you want, follow the steps below,

1. Press the Emergency stop button twice, just to make sure you reset the console and eliminate any other programs that may be set to run.


2. Next, press the Goal button  multiple times until the Green LED dot is beside the target GOAL you want to set. You can choose between TIME, DISTANCE or CALORIES.

3. If you choose TIME, then press the Speed arrows   to adjust the time.

4. So, if you want 20 minutes, you just need to adjust the time to 20:00.



5. If you decide that you prefer to set a DISTANCE or CALORIES goal, then follow the same steps as above but when selecting the target GOAL in step 2, select the appropriate goal desired.

6. Once your GOAL is programmed and set, just press the START button  to begin.

7. The treadmill will do a 3, 2, 1 countdown and the running belt will begin to move.

TROUBLESHOOTING ISSUES

- The treadmill has a basic built-in diagnostic program to catch any issues with the treadmill.
- If you see any of the error codes on the display screen, read below to reference what the error codes mean.

Error Code	Error	Error Contents Action Method
E1	Low voltage	Restart
E2	Temperature sensor abnormal	Restart
E3	Overcurrent	Turn off power switch, unplug and contact authorized technician.
E4	Inverter overvoltage	Turn off power switch, unplug and contact authorized technician.
E5	Landing abnormality	Turn off power switch, unplug and contact authorized technician.
E6	Overheating	Turn off power switch, unplug and contact authorized technician.
E7	Overload	Turn off power switch, unplug and contact authorized technician.
E8	Inverter overload	Turn off power switch, unplug and contact authorized technician.
E9	System overload	Restart
E10	Flash program failure	Power off & restart
E11	EEPROM failure	Power off & restart
E12	Low voltage display	Restart
E13	Driver setting error	Check motor
E14	In power low voltage	Restart
E15	Incoming high voltage	Turn off power switch, unplug and contact authorized technician.
E16	High temperature display	Stop
E17	Emergency stop display	Stop
E20	Communication error	Detect signal line

GENERAL MAINTENANCE

The CT910 Treadmill must be maintained. It's the owner's responsibility to make sure proper maintenance is being performed on the treadmill on a routine basis.

GENERAL CLEANING:

(It's important you keep detailed records on when the treadmill is cleaned and serviced)

CAUTION/DANGER

To prevent electric shock, always make sure power switch is in the OFF position and unplug the power cord from the electrical outlet.

Keep sweat and dirt off the side foot rails and handrails. Use either a lightly damp soft cloth or gym wipes and gently wipe down the surfaces. Once everything dries, the treadmill can be used again.

Dirt, dust, and hair can gather, accumulate or get tangled under and around the belt, vents (inlets) and openings of the treadmill. It's important to vacuum underneath and around your treadmill on a monthly basis to prevent any debris, dirt, hair or dust build-up that can get drawn into the electrical, vents or motor workings of the treadmill.

Every 2 or 3 months, please remove the motor cover and carefully vacuum out dirt, dust and hair that may be around the motor and electronics. Be careful do not to touch or damage any electrical or motor.

LUBRICATION:

Regular lubrication of the deck is required.

Treadmill lubrication "silicone oil" can be used.

Lubrication and maintenance should be performed every 1-3 months or according to the use of the treadmill.

Use: Put the lubricant in the front, middle and end of the running deck, with 2-3 drops.

For safety and to help prolong the life of your treadmill, it's important to follow the schedule maintenance listed below. It's also the customer (owner) responsibility to follow the maintenance guidelines in order to keep warranty valid.

Tasks to be performed before use:

1. Clear and remove any objects leaning on the machine.
2. Always make sure the belt is in proper alignment. (Please follow the belt alignment instructions in the owner's manual.
3. instructions in the owner's manual.
4. Make sure the power cord is properly plugged into the electrical outlet and the cord is not pinched, crimped or damaged. Turn off power switch or circuit breaker when touching the power cord.

Tasks to be performed weekly:

Make sure all vents are clear from dust and dirt. Also clean underneath the treadmill. Follow steps below,

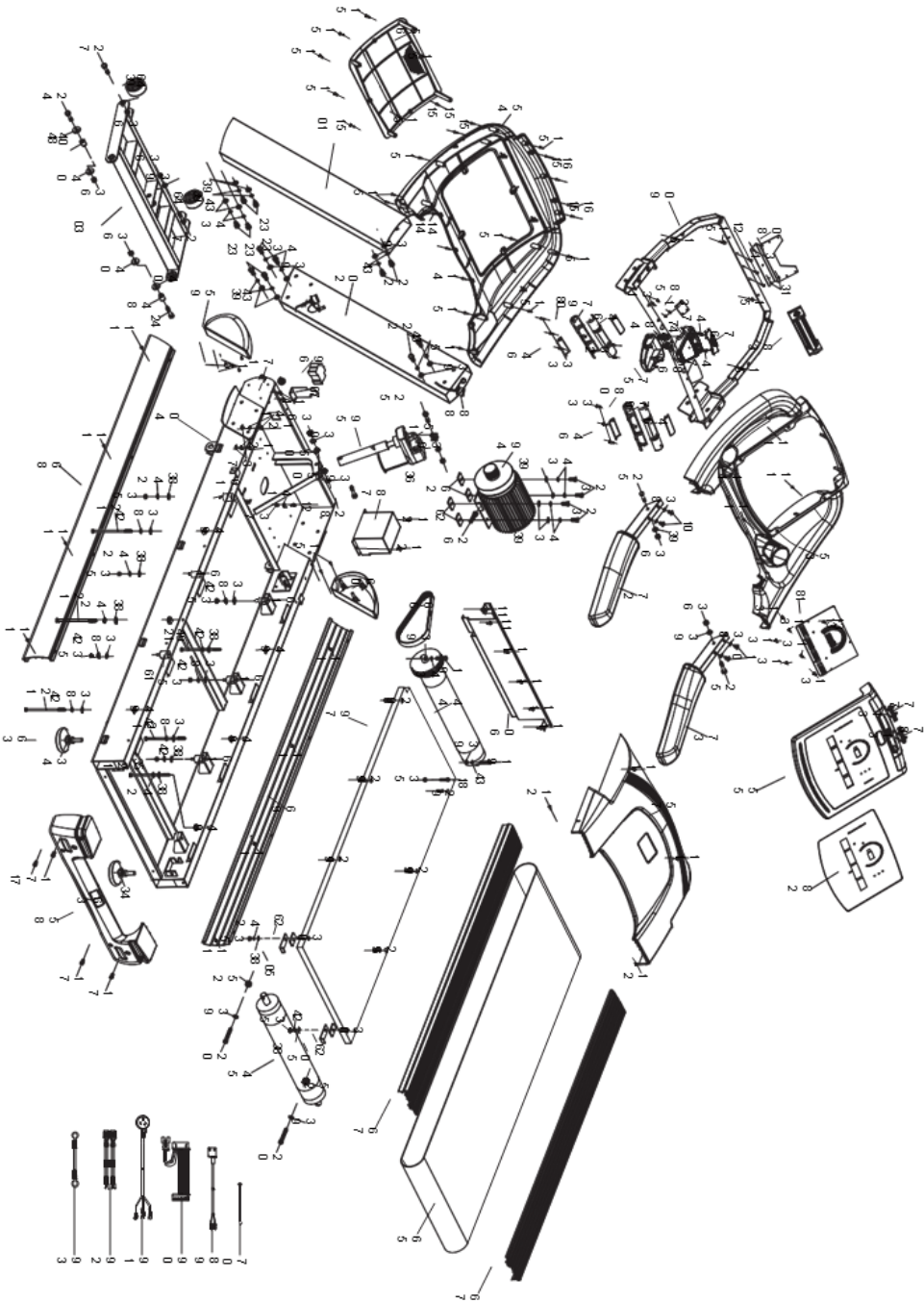
- A. Turn on the treadmill and set the incline to maximum height.
- B. Then pause the treadmill and turn off the power switch and unplug the power cord from the wall outlet.
- C. With a plastic vacuum attachment, vacuum the vents and around the exterior of the motor cover.
- D. Wipe the treadmill down with a soft cloth to remove dust.
- E. Vacuum the floor under the treadmill to remove dust and any dirt. If you use a damp cloth or mop to clean floor, make sure the floor is completely dry before you plug the power cord back into the wall outlet.
- F. Make sure the treadmill is still levelled and all feet of the treadmill is touch firmly into the floor.

Tasks to be performed Monthly:

1. Turn off the power switch, then unplug the power cord from wall outlet.
2. Dust the treadmill with a soft cloth.
3. Wipe down the treadmill frame with a clean, damp, soft cloth. Remove sweat, dirt and dust. Caution: It's important to keep water away from electronic components to prevent electrical shock or damage.
4. Remove the motor cover and carefully remove any debris or dirt in and around the motor. Be careful not to touch the fan, drive belt or electronic controls. Use a vacuum with a long plastic nozzle to help remove debris. Do not touch circuit board or any other electrical wiring components.
5. Check for any electrical damages, burn marks or melting around motor and electronics. If so, do not use treadmill and contact customer support.
6. Put motor cover back on and begin to inspect running belt. Look for any damages or excessive wear and tear. Most important check belt alignment.

If any of the above can not be performed or understood, please contact Lineaflex so we can refer you to an authorized service provider that you can hire to help maintain your treadmill.

EXPLODED PARTS DIAGRAM



PARTS LIST

ID	PART DESCRIPTION	Special Specs	Q'ty
1	Column left		1
2	Column right		1
3	Lifting frame		1
4	Main carriage		1
5	Running board limit pick-up		2
6	Dust baffle		1
7	Air switch fixing plate		1
8	Roller fan fixing plate		1
9	Electronic meter mounting bracket		1
10	Umbrella head hexagonal screws	M8*20L	4
11	Umbrella head Phillips screws	M5*8L	22
12	Umbrella head Phillips screws	M5*16L	10
13	Umbrella head Phillips tapping screws	ST2.9*8L	12
14	Umbrella head Phillips tapping screws	ST3.9*10	3
15	Umbrella head Phillips tapping screws	ST3.9*16L	31
16	Umbrella head Phillips tapping screws	ST3.9*50L	2
17	Cylindrical head socket cap screws	M6*16L	4
18	Hexagon socket head cap screws	M8*40L	1
19	Hexagon socket head cap screws	M10*40L	2
20	Hexagon socket cap screws with	M10*90L	2
21	Hexagon screws	M8*165*S30L	6
22	Hexagon screws	M10*20	4
23	Hexagon screws	M10*25	12
24	Hexagon screws	M10*40L*S20L	2
25	Hexagon screws	M10*50*S20L	3
26	Hexagonal screws	M10*50	1
27	Hexagonal screws	M10*65L*S20L	2
28	Hexagon screws	M10*75*S20L	1
29	Countersunk head socket head cap screws (counter-sided 6)	M8*40L	6
30	Countersunk head socket head cap screws (opposite side 6)	M8*50L	2
31	Marble head Phillips tapping screws	ST2.9*8L	8
32	Marble head Phillips tapping screws	ST2.9*14L	2
33	Marble head Phillips tapping screws	ST2.9*20L	6
34	Hexagon nuts	M16*12T	2
35	Nylon caps	M8*7T	9
36	Nylon caps	M10*10T	8
37	Flat Washer	Φ5*Φ10*1T	3
38	Flat Washer	Φ8.5*Φ17*2T	18
39	Flat Washer	Φ10*Φ20*2T, 鍍鋅	27
40	Flat Washer	Φ10.5*Φ30*2T	4
41	Spring WasherΦ5	Φ5.1*1.1T	3
42	Spring WasherΦ8	Φ8.1*2.5T	14
43	Spring Washer Φ10	Φ10*1.8*2.5T	18
44	Front Roller		1
45	Rear roller		1
46	Hand grip iron	0.5T	4
47	Emergency stop button spring	φ0.5*φ6*17.5	2
48	Brass bushing	φ10.5*φ14.8*φ19.8*25.5	2
49	Side bar fasteners	M8*19*19*T8.0	6

30 Parts List

ID	PART DESCRIPTION	Special Specs	Q'ty
50	Plastic washer bushings	φ25*φ10*T11 BK	4
51	4001A Lifting frame spacer	25*20*24.5*T2.0 BK	1
52	Adjustment rings	φ22*13L BK	2
53	Electronic meter upper cover	940*721*191*T3.0	1
54	Electronic watch lower cover	940*723*162*T3.0	1
55	Electronic surface plate frame	481*465*98*T3.0	1
56	Instrument bottom cover	481*320*126*T3.0	1
57	Motor cover	830*595*157*T3.0	1
58	Rear end cover	115*171.5*838*T3.0	1
59	Front trim cover L	50*230*248*T3.0 L	1
60	Front end trim cover R	50*230*248*T3.0 R	1
61	Cushion	M8*φ30*T36 BK	6
62	CT910 vibration dampening pad	T5.0*31*50 BK	6
63	Adjustment feet (kit)	M16*P2.0φ101*97	2
64	Lift Carrying Wheels	φ10.5*φ78*T38 BK	2
65	Running belts	536*3540*T3.0 BK	1
66	Multi-slotted belts	270J BK	1
67	Side strips	43.3*150.5*T3.0*1510	2
68	Side strips L	25.8*136.2*T1.7*1834	1
69	Side Strip R	25.8*136.2*T1.7*1834	1
70	Cable ties	GT-200MD BK	5
71	Power cable fixing head	M20*1.5	1
72	Armrest foam L	456*268*94.5	1
73	Armrest foam R	456*268*94.5	1
74	Emergency stop switch upper cover	150*144.5*41*T2.2	1
75	Emergency stop switch lower cover	150*144.5*42*T2.2	1
76	Emergency stop button	116*36.5*17*T2.0	1
77	Airfoil L	82*37*8	1
78	Wind vane R	82*37*8	1
79	CT910 grip upper cover	φ32*T1.	2
80	CT910 grip lower cover	φ32*T1.5	2
81	CT910 LED upper control panel	A1810_V13	1
82	CT910 LED membrane button		1
83	Roller fan	JED-0419A12	1
84	Round head reset switch		2
85	Safety switch PCB	AK1810_V10	1
86	Emergency stop switch membrane keypad		1
87	Inverter		1
88	Control cables	6PIN+2PIN CABLE 2000L	1
89	Heart rate cable		2
90	Safety switch connection cable	7PIN CABLE 1250L	1
91	Power cables	2300L	1
92	AC connection cable set 3		1
93	Earth wire for running board		1
94	CT910 AC motor		1
95	Lift motor		1
96	Air switch		1
97	Running boards		1
	BH06 harpoon spanner	13.14.17	
	T-Hex Wrenches	8mm*200~250L (M10)	
	Treadmill lubrication silicone oil	500ML(KF-96-1000CS)	

WARRANTY

We are focused on customer service and support. Our goal is to help make your experience pleasurable when dealing with Zymfit products and support.

Zymfit Inc. warrants all it's Zymfit treadmill based on the parameters and period of time noted below.

Please register your warranty at www.Zymfitco.com/warranty.html or contact Zymfit service. It's important to register your warranty within 30 days from the time you purchased your machine.

Warranty will help cover defects in material and workmanship under normal use in accordance with all the guidelines and parameters mentioned and published in this document. Zymfit's obligation under this warranty is limited to repairing or replacing, at Zymfit's option, the product through one of its authorized service providers and/or customers. All repairs to the CT910 Zymfit treadmill claiming warranty or not, must first be preauthorized by Zymfit; otherwise, warranty may be voided or invalid.

If replacement parts are shipped while the product is under warranty, the customer will be responsible for a minimal handling charge. For onsite service, the customer may be responsible for a minimal trip charge. This warranty does not extend to freight damage, lost parts or product delivery to the product.

The warranty timeline begins from the date of sale to the end consumer, as determined by the original sales receipt.

The warranty timeline is

10 years: frame (non-moving parts)

10 years: Motor

3 years: Mechanical Parts

1 year: Console

1 year: Labor

EXCLUSIONS (Warranty)

This warranty does not cover the following:

1. Any service call reimbursement to the consumer that is not authorized in writing by Zymfit Inc.
2. Damages caused by any services performed by persons other than authorized Zymfit Inc. service providers. Please note that any services performed must be authorized by Zymfit Inc or warranty may be voided.
3. All parts installed onto the CT910 Treadmill must be authorized by Zymfit Inc. Parts not authorized will not be covered under warranty nor will Linaflex Inc be responsible for any liability resulting from non-authorized part(s). Warranty will be voided if any of the components are tampered with or replaced with unauthorized parts.
4. Components that require replacement due to dirt or lack of regular maintenance.
5. Consequential, collateral or incidental damages such as property damage and incidental expenses resulting from any breach or this written or any implied warranty. Note: Some areas do not allow the exclusion or limitation of incidental or consequential damages, so this limitation or exclusion may not apply to you.
6. External causes such as corrosion, discoloration of paint or plastic, alterations or modifications will not be covered under warranty and may also void your warranty.
7. Any signs of abuse or misuse on the treadmill. Also, any signs of accidents, improper maintenance, inadequate power supply or damages from acts of God will not be covered under warranty and may also void your warranty.
8. Any alterations, damage or signs of the serial number being removed will void your warranty.
9. Treadmill must be in the appropriate environment outlined in owner's manual or your warranty may be voided.
10. Product must remain the North America. Warranties outside of North America may vary. Please contact your local dealer for details.
11. Repairs necessary because of operator abuse or negligence or the failure to operate and maintain the equipment according to the instructions contained in the Owner's Manual.

